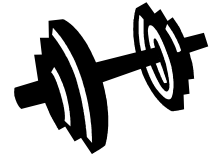




HEALTH: AN IMPORTANT ISSUE

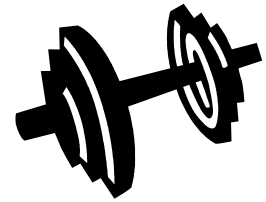


In recent years as healthcare costs have skyrocketed, health has become an issue that garners much attention in the United States. By giving to nonprofits that foster health research and education through the King County Employee Giving Program, you can do your part to keep Washington healthy.

Health Statistics in Washington State and the U.S.

- **12 out of every 100,000 Washingtonians** has been diagnosed with **HIV or AIDS** in the past year, adding up to about 700 new cases. The total population of people living with HIV/AIDS in the United States is estimated as of 2003 at 950,000.
- **Alzheimer's Disease** diagnoses are expected to increase 44% in the U.S. by 2025. Today, the direct and indirect costs of caring for Americans with Alzheimer's disease are at least \$100 billion annually. By giving to organizations like the Alzheimer's Association, you can help offset the costs for medications, research, and home healthcare.
- An estimated **20.8 million children and adults** in the United States have diabetes. While only 14.6 million have been diagnosed, an estimated 6.2 million are unaware that they have the disease. Your donations go toward research, much-needed transplants, and the search for a cure.
- **Heart disease and stroke** are the #1 and #3 causes of death in the United States. By supporting organizations such as the American Heart Association, you can help fund education and research that will lessen the impact of coronary heart disease which affects about 13.2 million Americans every year.
- **Approximately 10 %** of people residing in Washington State lack any type of health insurance, even including Medicaid and Medicare. With the rising costs of healthcare, this need can only be met through your generous support.
- Among all medical illnesses, **major depression** is the leading cause of disability in the U.S. and many other developed countries, affecting **9.9 million American adults**, or approximately **5 percent of the adult population** in a given year.

Want to know more about how you can help these organizations? Talk to your Employee Giving Program Coordinator and ask for a catalog, or check out the Employee Giving Program website at www.metrokc.gov/giving. Remember, Giving Works!



Nonprofits Doing Work in this Area:

AIDS/STD Resources Network &
Health Information Network
American Foundation for Suicide
Prevention
Asian Counseling and Referral Service
Asthma and Allergy Foundation of
America
WA State Chapter
Blessings International
Breast Cancer Coalition
Cancer Lifeline
CAPRI Heart & Lung Institute
Catholic Community Services - King
County
Chinese Information and Service Center
Christopher Reeve Foundation
Community Health Center of Snohomish
County
Country Doctor Community Health
Centers
Crisis Clinic
Domestic Abuse Women's Network
(DAWN)
Eastside Domestic Violence Program
El Centro de la Raza
ElderHealth Northwest
Encompass
Entre Hermanos
Epilepsy Foundation Northwest
Gay City Health Project
Gluten Intolerance Group of North
America
Greater Maple Valley Community
Center
Healthy Mothers Healthy Babies
Hepatitis Education Project
Hospice America
Hospice of Kitsap County
Ivory Coast Medical Relief Team
Jewish Family Service
Kin On Health Care Center
King County Coalition Against Domestic
Violence
King County Sexual Assault Resource
Center
Kitsap Sexual Assault Center
Lance Armstrong Foundation, Inc.
Lifelong AIDS Alliance
Lions Clubs International Foundation
Lutheran Community Services
Northwest

Mercy Ships
Mexican Medical
Multiple Sclerosis Association of King
County
National Down Syndrome Society
National Marfan Foundation
National Organization for Rare Disorders
Neurological Vocational Services
New Beginnings
Tuberous Sclerosis Alliance
USO Puget Sound Area
Vashon Youth and Family Services
Verbena
Northshore Youth and Family Services
Northwest Burn Foundation
Northwest Kidney Centers
Northwest Lions Foundation for
Sight & Hearing
Nurturing Network
Peninsula Community Health Services
Pike Market Medical Clinic
Planned Parenthood of Western
Washington
Positive Women's Network
Providence Hospice & Home Care of
Snohomish County
Puget Sound Blood Center
Puget Sound Neighborhood Health
Centers
Ronald McDonald House Charities of
Western Washington
Rosehedge: AIDS Housing & Health Care
SeaMar Community Health Centers
Seattle Counseling Service for Sexual
Minorities
Seattle Indian Center
Southeast Youth and Family Services
Stroum Jewish Community Center
Susan G. Komen Breast Cancer
Foundation, Puget Sound Affiliate
Tuberous Sclerosis Alliance
USO Puget Sound Area
Vashon Youth and Family Services
Verbena
More nonprofits doing relevant work:
African Medical & Research Fdn
Africare
AIDS Housing Association Of Tacoma
AIDS Housing of Washington
American Near East Refugee Aid
(ANERA)

American Refugee Committee
AmeriCares
BABES Ntwrk: A Sisterhood of Women
Facing HIV
Bread & Water for Africa
Cancer Research for Children
Canine Companions for Independence
CARE
Children International
Children's Country Home
Children's Home Society of Washington
Children's Organ Transplant Association
Doctors Without Borders USA
Downtown Emergency Service Ctr
Feet First
Gay Community Social Services
Health Volunteers Overseas
Helen Keller International
International Eye Fdn
International Relief Teams
International Rescue Committee
Kent Youth & Family Services
Kin On Community Health Care
Kinderling Ctr
Little Red School House
Make-A-Wish Fdn of AK, MT, ID & WA
Marrow Fdn
Medical Teams International
Multifaith Works
NARAL Pro-Choice America Fdn
New Futures
Nikkei Concerns
Northwest Health Law Advocates
Pediatric Interim Care Ctr
Pet Partners
Plan USA (formerly Childreach)
Project HOPE
Puget Sound Labor Agency, AFL-CIO
Rotary Fdn of Rotary International
Seattle Tilth Association
Seven Star Women's Kung Fu
Starlight Starbright Children's Fdn of WA
UNICEF, U.S. Fund for
Washington State NARAL Pro-Choice Fdn
World Relief Corporation
World Vision